# The Old Salt

490 lafayette road • hampton, nh • www.oldsaltnh.com 603.926.8322



Join us for
Dine In • Patio Seating • Curbside Pickup • Catering

## **SOUPS**

#### **NEW ENGLAND CLAM CHOWDER** cup 6.99 crock 8.99

quart to-go 22.99 can 6.99

#### HADDOCK CHOWDER cup 7.99 crock 9.99 quart to-go 26.99

#### **BAKED ONION SOUP**

onions simmered in beef broth, baked with a garlic crouton and topped with layers of melted cheese 8.99

#### **CROCK OF CHILI**

our secret recipe with beef, onions. beans and a variety of spices, topped with shredded cheese and served with tri-colored tortilla chips 9.99

#### **CREAMY TOMATO SOUP** cup 5.99 crock 7.99

SOUP OF THE DAY cup 5.99 crock 7.99

## **APPETIZERS**

#### **LOCAL STEAMERS MARKET** SCALLOPS WRAPPED IN BACON 14.99 with maple dipping sauce

OYSTERS ON THE HALF SHELL 2.75 **BUFFALO POPCORN SHRIMP** 14.99 SHRIMP COCKTAIL 3.50 each with homemade cocktail sauce

ESCARGOT 14.99 topped with provolone cheese

and fresh lemon

**HONEY BUFFALO TENDERS** 14.50 sweet with mild heat and some blue cheese for dipping

**BUFFALO WINGS** 16.99 **CHICKEN TENDERS** 13.50 **ONION RINGS** 10.99 with horseradish dipping sauce

CAROLINA MOONS 9.99 house chips with melted cheese and bacon

### **NACHOS**

#### CHEESE NACHOS 12.99 with a three cheese blend

CLASSIC NACHOS 14.99

with, onions, black olives tomatoes and jalepeno peppers CHILI NACHOS 16.99 our classic topped with homemade chili

CHICKEN NACHOS 17.99 our classic nachos topped with grilled chicken

#### **SEAFOOD NACHOS 19.99**

oh boy... our nachos meet the sea with this creamy, cheesy, seafood topping

## **SALADS**

#### GARDEN SALAD 7.99

medley of fresh lettuce, tomatoes, cucumbers and onions with your choice of dressing

#### CAESAR SALAD 9.99

chopped romaine lettuce with croutons, parmesan cheese and tossed with our caesar dressing add anchovies for \$1

#### **ROASTED BEET AND BLUE CHEESE SALAD 14.99**

roasted beets with chopped cucumbers, onions, tomato, and crumbled blue cheese over a bed of baby greens

#### GREEK SALAD 11.99

mixed lettuce topped with tomatoes, cucumbers, red onions, feta, kalamata olives, and whole pepperoncini, served with greek dressing

#### SPINACH SALAD 12.99

baby spinach, chopped crispy bacon, hard boiled egg, berry tomatoes and red onions, topped with crumbled blue cheese

add any of these toppings to one of our delicious salads... grilled chicken 8. buffalo chicken 8. salmon 10. steak tips 10. grilled scallops 12.

#### LOBSTER SALAD PLATE

a generous portion of lobster salad, lightly tossed in mayonnaise, lemon and seasonings and served on a bed of field greens with fresh garden vegetables market

#### CITRUS LIME SHRIMP AND CUCUMBER SALAD

gulf shrimp marinated in citrus lime, oven roasted and served chilled with chopped cucumber, tomato and onions over baby greens 18.99

#### **CAPRESE SALAD**

fresh mozzarella, tomato and basil on a bed of fresh greens served with balsamic dressing 14.99

#### **HERBED CHICKEN SALAD**

parsley, dill and chives give our salad a lively flavor, served on a fresh bed of greens, cucumbers, shredded carrots, and berry tomatoes 13.99

## **Dressing options...**

house italian, oil & vinegar, ranch, russian, blue cheese, caesar, parmesan peppercorn, balsamic vinaigrette, citrus vinaigrette and greek





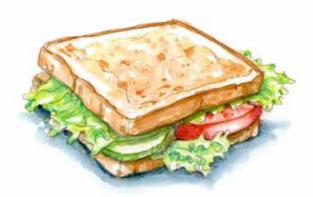
## **SANDWICHES**

#### **LOBSTER SALAD ROLL**

fresh lobster meat tossed lightly in mayonnaise and seasoning served on a grilled bun market price

#### FRIED HADDOCK SANDWICH

fresh haddock filet fried and served on a bulky roll with lettuce and tomato and creamy tartar sauce 15.99



#### **CORNED BEEF REUBEN**

sliced corned beef, sauerkraut and swiss cheese with russian dressing on multigrain 15.99

#### **TURKEY REUBEN**

deli turkey with sauerkraut and swiss cheese with russian dressing on multigrain 15.99

#### **TURKEY RANCH BACON WRAP**

roasted turkey with lettuce, tomato, bacon and ranch dressing in a wrap 14.99

#### **CHICKEN SALAD SANDWICH**

parsley, dill and chives give our chicken salad a lively flavor, with crisp lettuce and served on multigrain bread 12.99

#### **GOODY COLE CHICKEN ON A BULKY ROLL**

grilled chicken breast topped with cheddar cheese and bacon 14.99

#### **BLT SANDWICH**

a classic... with bacon, lettuce and tomato served on toasted white bread 12.99

#### **FRENCH DIP AU IUS**

thinly sliced roast beef with melted provolone cheese on lightly toasted French bread served with au jus for dipping 16.99

## **BURGERS**



All of our burger is fresh ground and purchased locally from Joe's Meat Shop

- \*TAVERN BURGER a classic 13.99
- \*CHEESEBURGER topped with cheddar cheese 15.99
- \*SMOKEY BACON BURGER hickory smoked bacon & cheddar 16.99
- \*SURF AND TURF BURGER our Tavern burger topped with lobster salad and a delicious seafood sauce 19.99
- \*BUILD A BURGER...

begin with our traditional tavern burger a nd add any of the following toppings... jalapeños, sauteed peppers, mushrooms, onions, american cheese, cheddar, provolone, swiss, bacon \$1.99 each



Substitute an Impossible Burger for any of the above burger entrees for an additional \$5

## FRESH FROM THE SEA

#### FRESH NEW ENGLAND BOILED LOBSTER

lobster caught in local waters served with warm butter market

#### **NEW ENGLAND CLAMBAKE FOR ONE OR TWO**

clam chowder, local steamers, and a boiled lobster market

#### NORTH ATLANTIC HADDOCK

tender and flaky haddock filet, sprinkled with seasoned cracker crumbs and baked with butter and lemon 23.99

#### HADDOCK AU GRATIN

a tender filet of fresh haddock, oven baked and topped with a creamy, cheddar parmesan sauce 25.99

#### **BAKED STUFFED HADDOCK**

with a Seafood Cream Sauce fresh haddock filet rolled with our homemade savory stuffing and topped with our award winning lobster seafood stew 29.99

#### **NORTH ATLANTIC SALMON**

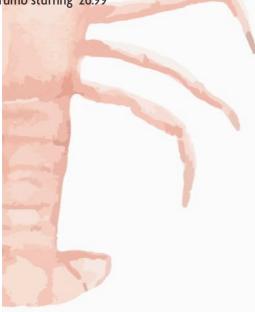
fresh salmon basted in lemon butter and grilled to perfection 26.99

#### FRESH BROILED SEA SCALLOPS

sweet sea scallops lightly dusted with herbed bread crumbs and broiled in lemon butter market

#### **BAKED STUFFED SHRIMP**

an American classic... shrimp baked in a casserole topped with a buttery cracker crumb stuffing 26.99





## FRIED FROM THE SEA

All fried entrees are served with french fries and cole slaw

#### **FRIED CLAM PLATE**

lightly fried and served with tartar sauce market

#### FRIED CLAM STRIP PLATE

no bellies on these 18.99

#### FRIED GULF SHRIMP

served with cocktail sauce for dipping 24.99

#### FRIED POPCORN SHRIMP

baby shrimp lightly fried and served with cocktail sauce 19.99

#### **GOLDEN FRIED SEA SCALLOPS**

sweet and delicious served with tartar sauce market

#### FRIED HADDOCK PLATE

lightly fried haddock filet, served with tartar sauce 22.99

#### **FISH AND CHIPS**

fresh north atlantic haddock, lightly fried to perfection and served with tartar sauce 19.99

#### **FISHERMAN'S PLATTER**

fresh native clams, sweet sea scallops, shrimp, and Atlantic haddock lightly breaded and fried to a golden brown 39.99

#### **NEPTUNE PLATTER FOR TWO**

fresh native clams, sweet sea scallops, shrimp, and Atlantic haddock lightly breaded and fried to a golden brown 75.99

## **LAND LOVERS**

#### \* TAVERN TIPS

flame broiled and cooked to your liking 24.99



TAVERN TIPS WITH OUR BAKED HADDOCK 32.99 TAVERN TIPS WITH OUR BAKED STUFFED SHRIMP 34.99 TAVERN TIPS WITH OUR BROILED SEA SCALLOP 39.99

\* NEW YORK SIRLOIN
12 ounces of lean, well flavored steak cut from the center of the sirloin 32.99

HERBED HALF CHICKEN half of a fresh chicken, marinated in our herb rub for 24 hours, slow roasted to perfection. 21.99

The above entrees are served with two sides... fresh vegetable du jour , garlic mashed potatoes, rice pilaf, baked potato, french fries, house made chips, or cole slaw

Add a house salad to any entree for 4.99 Add a caesar salad for 5.99

## **PASTA**

#### **CHEESE TORTELLINI**

tossed in a parmesan cream sauce and served with garlic bread 17.99 or tossed with a lobster alfredo cheese sauce 21.99

#### **CHICKEN AND CHEESE TORTELLINI**

grilled chicken and cheese tortellini tossed in a parmesan cream sauce and served with garlic bread 24.99

#### **BREADED CHICKEN PARMESAN**

boneless chicken breast, breaded and pan fried, topped with marinara sauce and melted provolone cheese served with linguini and garlic bread 24.99

#### CHICKEN AND BROCCOLI ALFREDO

tender chicken breast tossed with broccoli in a parmesan cream sauce tossed with linguini 24.99

#### **HERBED ROASTED VEGETABLES**

zucchini, summer squash, tomatoes, peppers and onions, roasted and tossed in olive oil, garlic and served on a bed of linguini 22.99



SIDES KIDS

FRIES	4.50
BAKED POTATO	3.99
MASHED POTATO	3.99
RICE PILAF	3.99
HOUSE CHIPS	3.99
COLE SLAW	3.99
VEGETABLE OF THE DAY	3.99
BROCCOLI	4.99



CHICKEN FINGERS 8.99
GRILLED CHEESE 5.99
HAMBURGER 9.99
CHEESEBURGER 11.99
PASTA WITH SAUCE OR BUTTER 6.99
KRAFT MACARONI AND CHEESE 6.99
HOT DOG 6.99
FISH AND CHIPS 13.99
FRIED POPCORN SHRIMP 13.99

## **SWEET TREATS**

## **NOTEWORTHY**

CARROT CAKE 7.99

APPLE CRISP A LA MODE 7.99

CHOCOLATE LAYER CAKE 8.99

**TAHITIAN CHEESECAKE** 8.99

BREAD PUDDING 7.99

CHOCOLATE CHUNK 9.99 BROWNIE SUNDAE

OLD SALT FAVORITE...MUD PIE coffee ice cream in an oreo cookie crust, topped with hot fudge, whipped cream, chocolate syrup FOR ONE 6.99

\*Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs, may increase your risk of food borne illness, especially if you have certain medical conditions.

If you or your guests have an allergy or dietary restrictions, please inform your server, and our chefs will be happy to accommodate your needs.

A 20% gratuity will be added to parties of 8 or more.

## **HOURS OF OPERATION**

Monday - Thursday 11:30 am - 9 pm

Friday and Saturday
11:30 am - 9 pm • 10 pm in the lounge

Sunday

Brunch... 9 am - 1 pm Full Menu Available... 1 pm - 8 pm

## **WHAT'S GOING ON**

Tuesday Trivia Night...from 7 - 9 pm in the lounge

Wednesday Martini Night... \$5 martini's from 5- close

Friday Fish and Chips... AYCE for only 19.99

Saturday Roast Prime Rib Dinner... available after 4 pm -cooked to perfection 26.99

Sunday Our award winning brunch buffet is served from 9 am til 1 pm